

AIDS RECOVERY FROM LOSS OF FUNCTIONAL INDEPENDENCE

Losing functional independence is a sudden and devastating blow. The ADL Enabler ends the demoralising dependency on care for the simplest of tasks - and aids rehabilitation.



The unit is symmetrically designed for left or right handed use. Having only the use of one hand is a common problem following stroke.

The unit can be easily manoeuvred, giving patients more freedom to access and organise their personal care items.

The ADL Enabler's multifunctional features helps the re-education of sensory – motor skills and hand/eye coordination.

Made by expert plastic manufacturers, ESP Plastics, the ADL Enabler is designed to be easily cleaned and to comply with stringent hospital hygiene requirements.

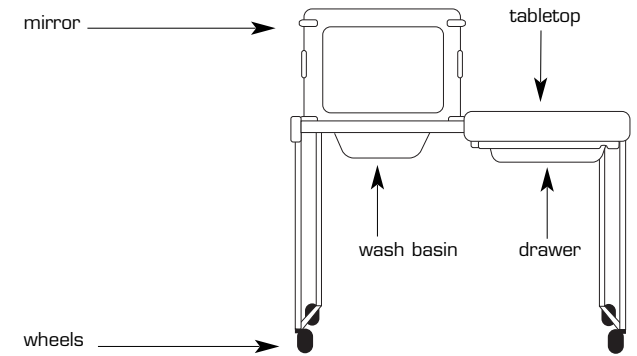
“The Enabler is a great therapy tool. We use it on our unit for regular early self care training when the drawer side can be placed on the patient's affected side to encourage involvement.”

Charlie Chung (Clinical Specialist OT - Stroke)

- accelerates recovery
- supports nursing resources
- offers convenience and choice
- supports health and social care at home

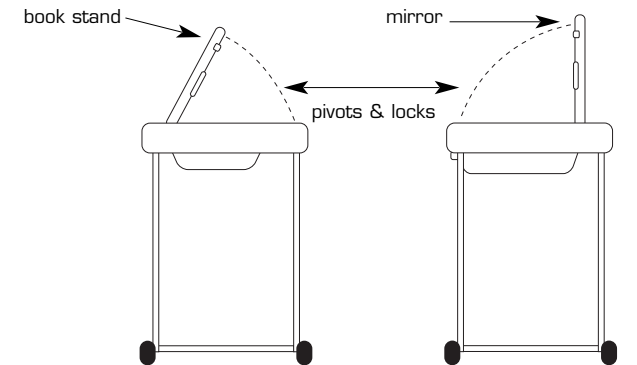


Front view



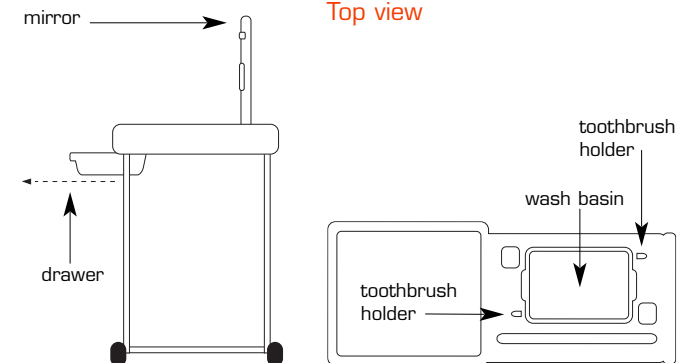
The unit's tabletop doubles on one side as an adjustable surface (eg. book stand or easel) and on the other side as a mirror.

Side view



There is also a useful storage drawer and a wash basin including two toothbrush holders for right or left-handed use.

Top view



"The mirror is the most useful thing, as I can wash and shave without having to be taken somewhere else. It's also easy to move, so I can get it positioned."

Allan Yule (patient)

"It's useful that all items, for example, soap, shaving foam, etc., can be available on the surface of the enabler, providing maximum independence."

Annamarie Sneddon (OT Student - final year)

"It's a first class piece of equipment because it is easy to manoeuvre and you can do things for yourself. Everything is at hand so you don't need to ask the nurse so often."

Jamie Patterson (patient)

"I like all it contains – everything is close by you within easy reach that you need. It's a wonderful product, giving you more independence as you don't wait so long. Everything you need is in the drawer."

Mary Graham (patient)

"Having the drawer and basin so close is just great as you don't have to rely on the nurse. It's so much more convenient with the toothbrush holder and mirror in front of you."

Gillian Chester (patient)

INNOVATION THROUGH EXPERTISE

A stroke ward in an Edinburgh hospital had the pressing need to offer patients better facilities due to the ward's lack of accessible and spacious bathrooms. The design concept was developed through the professional and technical know-how of two occupational therapy staff, an OT Lesley Moffatt and an OT Technical Instructor Stuart MacDonald. It was specifically designed to help disabled people regain their loss of functional independence.

The first prototype was taken forward into the manufacturing domain through close consultation with ESP Plastics Ltd. The ADL ENABLER® is protected by registered design rights.

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ADL ENABLER®

Multi-functional unit

● Stroke patients

● Amputees

● The elderly

● Young disabled



Ergonomically designed for
self-care independence

Washing

Grooming

Dining

Reading

Storage

ESP
PLASTICS LTD